M LIBERTY CATERING M

BY MAUI WOMEN

A Department Of Domestic Economy Intended To Serve A Patriotic Purpose In Conserving Food Needed By The Allied Armies In Europe

SOME PROVEN RECIPES By Mrs. W. D. Westervelt.

A Practical Use Of Peanuts Keep raw peanuts always on hand, put some in oven as desired, after baking. This saves fuel and roasts

them at least with a cooling-off gas oven-a delicate white and brown giving an almond like flavor. Good for a meatless meal.

A Toothsome Way To Roast A Leg Of Goat

Cover the joint with a layer of oni-on and tomatoes sliced very thin, This removes too gamey a flavor making the roast quite equal to a leg

The Neck and Shoulder make delectable stew, not omitting some oni-

The Ribs are fine roasted and make also succulent chops.

Crouton Substitutes For Soup This Reheated puffed corn. especially good for pea flour and peanut and like soups. Popped corn also excellent used in the same

Marinated Potatoes

New or old potatoes boiled in jackets or otherwise. Peel, break in pieces lightly with a fork while hot. salt and hprinkle with cottonseed oil, mix well, serve while hot with or without meats.

"Best Grape Juice"

Take the skins only, about 1 cup of skins to 3 or 4 cups of water. Staw and strain and sweeten to taste. This is the richest, sweetest part of the grape and is especially good

for children. Grape Jam Stew the inside part of the grape

strain, add the skins, boil with sugar . .

without cover.

Caramel Banana Take thoroughly ripe Chinese bana nas peel and place in very hot fry pan, turning till brown. Add nothing. Brown about ten minutes.

Some like bananas steamed. This extracts a great deal of juice.

HOLDING THE LINE

"We have the task of maintaining the men in that living line made up of soldiers and the people back of We must not run any risk. There must be no narrow margins. We must see that there is plenty of food over there, so that no matter what happens to the shipping in any one month, they are safe. Then we have the chance to win the war and make good.

"The food program is a fighting We here in this country program. have the education, we have brains, we have the loyalty. We must live up to our privilege of backing up our splendid men who represent us in the Army and Navy. Let each of us live so each day that when our boys come back from France we can look them in the eye and say: I did my share and all that I could do at

HEAT CEREALS TO KILL INSECTS

During the warm weather the wife will encounter trouble with insects in cereals, which if not properly attended to will mean a serious waste of food and make it difficult once the injects become numerous to keep them out of food products in the house thereafter.

The only safe method of preventing insects, worms or bugs, from developing in your cereals is to heat the cereal as soon as it is brought into the house, the Food Administration

By cereal is intended all wheat flour substitutes and all meals and breakfast foods. Goods bought in sealed packages have been sterilized during manufacture and need not be sterilized again if the package has not been broken or punctured.

Heating is done in the oven at a temperature of 185 degrees F. and should continue for 45 minutes.

FOREIGN FOOD FACTS

The Food Minister of France has requisitioned 1918 forage crops. maximum price for best quality will be \$1.00 for 100 pounds and 86 cents for second quality.

Italy has published a decree re-quisitioning 1918 crops of wheat, barley and rye.

The province of Milan, Italy, shows a decrease in livestock, based on the census of 1908, of 21 per cent for horses, 18 per cent for mules and eight per cent for swine.

The maximum price for milk in Rome has been fixed at 18 cents per quart. In 1914 the price was from seven to eight cents per quart.

In 1917 about 100,000 truckloads of hay and straw were secured by Ger-mans in occupied portions of France and Belglum.

Owing to lack of markets for their corn, farmers in Argentina. South America, are in some cases disposing of it for fuel at 40 cents per bushels.

IS IT WORTH WHILE?

The question, "Is it worth while?" must be answered honestly before we can enter with any enthusiasm upon the more stringent measures of food conservation that are asked of

us today. Has the saving of the few pounds of wheat and meat a week and the several ounces of butter and sugar by ting

the individual been worth the effort? The best answer will be found in the enourmously increased exports of food to the Allies In the last months. For instance, 12,363,942 bushels of wheat and wheat products 12.363.942 lone went from the United States in April, and 12,207,742 bushels were transported in March. The total ex-

ports of wheat and wheat products rom July 1 to May 1 were 110,000,000 Perhaps these figures mean little o you until it is remembered that the best expert advice placed the available exportable surplus of wheat from the last harvest variously at

een carried on at the accustomed rate The difference between 110,000,000 and 10,000,000 to 30,000,000 bushels has been saved because you and thouands others did with less wheat last

rom 10,000,000 to 30,000,000 bushels,

provided domestic consumption has

Proportionate gains have been made possible in the meat shipments beause of the voluntary saving of meat y Americans. The total exports of eef and pork products for April, for instance, were 359,000,000 pounds. In April of last year the total exports of and pork were only 190,000,000 pounds. The increase over last year's exports is seen to be 169,000,000 169,000,000 pounds of beef and pork sena in one month by patri-ots who have answered the Food Administration's call both for increased production of meat and for reduced onsumption.

Let these, and similar figures show ing proportionate increases in the ex-port of fats and sugar to the Allies answer the question "Is it worth while,—these little daily savings you and I make in our kitchens?"

"LOAFING"

In Canada loafing is new illegal. upposed to work or show cause why they are idle, according to the new Order in Council. The law applies to ill between the ages of 16 and 60, and eavy penalties are imposed against offenders.

Here in the United States we have a different kind of "lofer", a war bread loafer. With our wheat ration reduced to 1½ pounds per person per week, a "loafer" takes his pound loaf of bread and has % pounds left for other wheat products. The wheat flour substitutes in the bread reduce the amount of wheat, hence pound extra instead of 1/2.

In order to keep to an average conumption of 11/2 pounds per capita it would be necessary for some of us to cut down below that. Therefore we ught to try to round up the "loafers" and see if they cannot be induced to join the "total abstainers". For ev-"loafer" who is converted into a "total abstainer" a vital saving of wheat is accomplished.

Street loafers and wheat loafers must disappear!

Entered Of Record

Deeds

CAROLYN S. WEIGHT & HSB. (G. N.) to Keahua Ranch Co., por, Grs. 1522, 2085 & 2890, Ap. 1, Aapueo Nui &c., Kula, Maui, July 22, 1918.

REBECCA NAPAPA to Joseph H. Napapa int. in pes. land, Wailau, etc., Molokai, Aug. 3, 1918, \$50.
LEI AWANA & HSB. (T) to Kawela Agreti. Co., Ltd., int. in Gr. 2641 & 2930, Honokalani, etc., Hana, Maui, July 31, 1918, \$42.25.
MOSES KAUHIMAHU & WF. to O. Sano Tr. of R. P. 5992 Kul. 4405

Sano Tr. of R. P. 5992 Kul. 4405, Waihee, Maui, July 20, 1918. \$800. D. K. KAPHHOHO to T. Apo Lillii, 2 A of Ap. 1 Gr. 1446 Omaopio 5, Kula, Maui, July 26, 1918. \$50. HIN KEE & WF. to Hana Chinese

Graveyard Assn. int. in 24,688 sq. ft. of Gr. 650, Wananalua. Hana, Maui, May 4, 1918. \$1. P. COCKETT & WF. to Joaquin R. Souza, 2½ A of Gr. 157 Kaupa-

kalua, Makawao, Maui, Aug. 5, 1918. ED. J. SMYTHE & WF. to Mrs. Ceci-lia A. Iwata, I A of Gr. 5250, Hana-wana, Hamakualoa, Maui, July 20,

HARVEY R. HITCHCOCK et. als. by Atty to Unea Kila, pc. land, Kalua-alia, Molokai, 1914. \$50. GEORGE MOORE to William Bacle, int. in Est. of David Kealahula, ded. Waduku, Maul, Aug. 9, 1918.

MURIL G. RIETOW & HSB. (R. B.) to Guardian Trust Co., Ltd., 11,250 sq. ft. of Lots 15 & 16, Blk 64, Waialae Tract, Honolulu, Aug. 7, 1918.

MARY K. KUHAULUA to Kaili Halama, pc. land, Puuoolai, Honuoula, Maui, Aug. 10, 1918. \$100.

Maul, Aug. 10, 1918. \$100.

MARIA F. SANTOS to Manuel Branco, L. P. 4725, July 5, 1918. \$1000.

JOHN E. TAVARES & WF. to Manuel Tavares, 6-8 int. in R. P. 249,

Makawao, Maul, Aug. I, 1918. \$2000.

Agreements

ROYAL HAWAIIAN GARAGE, LTD.,

with Angus McPhee, to sell for \$3740.10 Mooreland Truck, Maul.

Aug. 1, 1918. \$750.

Aug. 1, 1918. \$750. Wife

I've not a splendid dinner ready for ou tonight. I was determined to

Husband (after complacently view-ng (he spread)—Ah, yes. What kind of a dress are you thinking of get-

AT THE THEATERS

Charles Ray in 'The Hired Man"

Charles Ray is seen in "The Hired Man," written by Julien Josephson, popular writer of short stories, proluced by Paramount under the direcion of Victor L. Schertzinger, super vised by Thomas H. Ince. The cast French, Charles Gilbert Gordon, Lydia Knott, Doris Lee and Carl Ullman. "The Hired Man" is ne of the most human, heart interest stories ever told on the screen. Charles Ray is seen to advantage in one of his characteristic roles of the country boob. He has the role of Ezra Hollins, a good natured hired man on the farm of Caleb Endicott Ezra is a general favorite with the boys. He cherishes the ambition to educate himself, and every spare minute he spends with his books. His imployer's daughter, Ruth, returns from boarding school, and she helps Ezra with his lessons. Ezra worships er, but he feels himself unworthy of her, and knows that her father would never approve of the union. Ruth's brother, Walter, in a near-by town, falls into bad company, and be ng heavily in debt, embezzles from he local bank. He learns that the ank's books are to be examined, and e implores the aid of Ezra, who is bout to leave for college. Ezra, gives im all his savings, and goes back to he grind on the farm. he harvest dance arrives. Ruth pleads a headache, because she does not want to attend the dance with her father's choice

Ezra win Ruth? See "The Hired Man."

The Eagle's Eye"

"The Eagle's Eye" is a patriotic photoplay the intent of which is to how the extent, ramifications and arious methods of the German spy system in its working in America, In this story William J. Flyn, formerly lead of the United States secret ser ice, reveals the unwritten history of the German spy plots in this country The first episode, now being shown, deals with the sinking of the Lusitaala and tells how the outrage was carefully plotted by the German spy ystem in America.

principal characters are playel King Baggot and Marguerite w. Many of Germany's promin-Snow. nt spies, including Ambassador von Bernstorff, are shown in the photo-

'The World For Sale"

That the mountains of Kentucky, not the only part of the country ifficted with feuds and party quarrels is demonstrated in "The World For Sale" written by Sir Gilbert Parker and arranged for the screen by J. Stuart Blackton, the "Master of Screencraft." A quarrel between two rival villages in Canada forms the basis of the story and around this is woven the love story of Fleda Druse and Ingolby, the leader of one of the factions.

The leader of the French contin cent. Marchand, is also in love with Fleda and his bitter hatred of Ingo! by is augmented by jealously. There is rioting and bloodshed and much treachery, but with the steadfast love and help of Fleda and her old father Cabriel Druse, Ingolby at riumps over his enemies.

The exterior scenes were actually filmed in Canada and the photoplay is exceptionally wonderful in "The World For Sale." The excellent cast, ncluding Conway Tearle, Ann Little Grazy Thunder, a real Indian, was hosen with especial care by Mr. Blackton. Many of the members of the cast will be remembered for their notable work in "The Judgment House" which was the first produc-tion made for Paramount 'y 3. Stuart Blackton.

Sir Gilbert Parker, the great Eng-lish novelist and author of "The World For Sale," is a personal frien**a** of J. Stuart Blackton and made the journey from England especially to e present at the screening of his

Harold Lockwood in 'Haunted Pajamas"

In "The Haunted Pajamas" Harold Lockwood will be seen in his first attempt at straight comedy. To refer to this as an attempt is not giving Mr. Lockwood his just dues, for attempt has proved that he is a comeditional company of the c an as well as a dramatic actor and it can even be sid that he surpasses all others screen endeavors in this rollicksome comedy-drama adapted from the novel by Francis Perry Elliott. Carmel Myers is Mr. Lockwood chief support. Lester Cunco and Helen Ware are cast in strong sup-porting roles. Richard Hudsont Harold Lockwood) is the recipient of a beautiful pair of silk pajamas from China. The pajamas are bewitched and "cut up" all sorts of capers with the person wearing them. On the first night the dons the silk night-wear, Richard is transformed into a Chicaman and is rud by ousted from his apartment by his valet who thinks an intruder has come into his roid: That is, the va'et attempts o cust his master, but his master prives to be the bett. man. In the morning when the pajarn is have been aid aside assume ther right aspect. Put Richard has invited a college hum to spend a week-end with him and somehow or other Francis, his friend, gets into the pajamas during we temporary absence of Richard and

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transformed in a beautiful girl case of the foreman, at least, her the fun starry

If you were to be given your choice

"Sudden Jim"

Charles Ray's Lastest Picture Tells of Girls, Business and Politics

between \$50,000 and a clothes-pin business, which would you take? Charles Ray in his late Triangle pleture "Sudden Jim" takes the business of manufacturing clothes-pins for a There must be something to the business or else Charles Ray would not overlooked a few thousand dollars to experiment with pins. At any rate he takes the busi-ness "somewhere" in Michigan. His first official act, upon arriving in th factory town is to fall victim to the repressed smile of a very pretty girl a most natural thing to do. How-ever, "Sudden Jim" as he is called places business before pleasure, and makes his first objective point the factory where he is to turn out clothes-pins. His first official act upon attriving, is to "fire" the foreman. He's Gotting shot wouldn't be a "grafter" so Jim thinks. That is if I up and join the Army the reason why he was dubbed "Sud-Will you be my Red-Cros den Jim"-he acted quickly, in the

night-watchman was the next victim scheduled for discharge. Later the wood supply for the clothes-pins factory was held up and Jim devises way: and means of getting wood to supply his factory. In the end he surprises the settlement not alone by his fear lessness but by his squareness. He defeats the plans of the political boss in a novel manner and the girl whom he had met on his arrival thought that if a man could do what "Sudden Jim" had done, he was just the one for her.-Advt.

To A Red Cross Nurse

was never strong for fighting ...It didn't appeal to me; So when I wasn't drafted I said. "I'm glad I'm free." But since I saw your picture In the paper yesterday, ve changed my mind completely.

I want to join the fray Getting shot wouldn't be so worse Will you be my Red-Cross nerse?

-Cornell Widow.

ATTRACTIONS FOR THIS WEEK AT THE



Saturday, August 17th.
PARAMOUNT PROGRAM J. STEWART BLACKTON

"THE WORLD FOR SALE" THE HIDDEN HAND And Two Comedies

EARLE WILLIAMS IN

Monday, August 19th.

DUSTIN FARNUM in

"NORTH OF LINE 53" And

"THE EAGLE'S EYE" Revealing startling facts of German plots against America.

Tuesday, August 20th HAROLD LOCKWOOD in

HAUNTED PAJAMAS" And, "THE CANDY KID", Paramount Comedy.

Wednesday, August 21st.
PARAMOUNT PROGRAM
CHARLES RAY in "THE HIRED MAN"

"THE WOMAN IN THE WEB" And, Pathe News.

Thursday, August 22nd. TRIANGLE PROGRAM CHARLES RAY IN "THE FATAL RING" Also, And, Pathe News

Friday, August 23rd, CHILDREN'S PROGRAM.

Kahului Theatre

VITAGRAPH PROGRAM EARLE WILLIAMS IN

German plots against America. Founded on facts. Monday, August 19th. PARAMOUNT PROGRAM J. STEWART BLACKTON

"THE EAGLE'S EYE"

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HAROLD LOCKWOOD IN "HAUNTED PAJAMAS" Also, "THE CANDY KID", Comedy. Pathe News.

Thursday, August 22nd.
PARAMOUNT PROGRAM
CHARLES RAY in "THE HIRED MAN"

A new Serial And, Pathe News.

Friday, August 23rd. TRIANGLE PROGRAM CHARLES RAY IN "SUDDEN JIM"

"THE WOMAN IN THE WEB"

tion by sticking to your own.

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ZEROLENE, correctly refined from selected California asphalt-base crude, because it maintains its lubricating body at cylinder heat and gives perfect Iubrication with less wear and less carbon deposit.

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eral consistencies to meet with

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tion needs of all types of auto-mobile engines, Get our "Cor-rect Lubrication Chart" cover-ing your car. At dealers every-where and Standard Oil Service

Stations.

ARE DOING IN BIG MUNITION FACTORIES Manchester, England, July 30-(Correspondence of The Associated Press.) The women of England are

WHAT BRITISH WOMEN

making the shells with which the British army is beating back the enemy; and are doing the work at an average pay equivalent to \$10 a week. The managing director of a big

able to employ domestic servants because all the women formerly employed as servants have gone to work in When the factory men were called

to the colors, women quietly stepped into their places. The vast majority of the women had neither skill nor training in munitions work, but the actory engineers by installing what s known as single-process machines made it possible for the women to do the complicated work that previously only skilled men had been able to accomplish.

In a week or ten days a woman earns how to operate a single-process machine. She does her work efficient-ly and faithfully. Recently in one factory the women made 31,000 4.5 inch shells in eighteen weeks and not a flaw could be found in any shell.

Many of the women workers before the war were operatives in plants for textile manufacture, the chief industry in this region. In peace time their wages averaged about the equivalent of five dollars a week. Now the average is well over ten dollars and, in exceptional cases, fifteen and more.

In some factories women work three shifts of eight hours each, rot-ating each week. Their employers say that they are not affected by the strain of night work. A large num-ber of the women are doing the hard-

est kind of manual work.

Piece work is the system used in most of the shell factories, and the managers say that the introduction of piece work increased the output to

an amazing degree.
"Women", one of the managers commented, "are more competitive than men workers. Men will work up to a certain point and stop, either because they are indifferent and easily satisfied with the amount of their earnings or because their mates would protest. On the other hand, women do not seem to care what their mates think or say. Each is out for her-

self."

He pointed to a machine where a girl was working at a great rate of speed. "That young woman", he "doubtless wants a new ribbon for her hair, and she is going to

make the shop pay for it."

The minimum wage paid to women in shell factories where the piece-work system is in effect is about \$7.50 a week, but unless a girl proves herself capable of making at least \$9 a week she is not regarded as a good worker. It is not uncommon for a particularly intelligent and energetic woman to draw each week from \$17

Defend the "Bread Line" with eter nal vigilance—our men are risking their lives to hold it.

Guarantee the soldiers' sugar , ra-